

# Adult Ministries

<p><b>Prayer Meetings</b></p>	<p><b>Men's and Women's Groups</b></p>
<p><i>Morning prayer meeting is open to all and is at 6:30am Monday, Wednesday and Friday's.</i></p>	<p><i>Our Men's and Women's groups are held separately and are a time of fellowship and sharing.</i></p>
<p><i>Congregational prayer meeting is open to all and is at 8pm every Thursday evening.</i></p>	<p><i>Each group is held at various different times.</i></p>
<p><b>Double Portion Kitchen</b></p>	<p><b>Connect Groups</b></p>
<p><i>DPK is a community ministry that Trinity runs 6pm every Monday night during the school term.</i></p>	<p><i>At trinity we have many different connect groups that meet as an opportunity for members of the congregation to have fellowship around shared interests.</i></p>
<p><i>DPK is a cooking class and hospitality ministry.</i></p>	<p><i>These groups run Ad Hoc.</i></p>
<p><b>Men's Breakfast</b></p>	<p><b>Trinity Ladies Care (TLC)</b></p>
<p><i>The men's breakfast is open to men high school age and above, as a time to get together, share a meal and listen to a guest speaker.</i></p>	<p><i>TLC is for the ladies of the congregation high school age and above, as a time to get together and listen to a guest speaker over some delicious dessert.</i></p>
<p><i>This runs at various times during the year.</i></p>	<p><i>This runs at various times during the year.</i></p>